

APTH is a people helping people vision > mission > movement. Money alone won't solve the problems of the Black Belt region. People say that money answereth all things and we agree with that, but is it the right answer. Money is an answer but it is not The Answer. It is our hope that in our quest to find an answer that we will find The Answer. What we'll faced with in the Black Belt region is a lack of HOPE. "Hope deferred maketh the heart sick": Proverbs 13:12, but when people show acts of love and compassion to others the heart is healed and life is restored.

We believe that a clarion call is being made by a mighty spirit that is moving across this land touching the hearts of thousands. If you are reading this call to serve and hear the call of the spirit, we **ASK** that you join us by volunteering to **do what you can do**. You may only be one person in this world, but one persons help can mean the world to someone else.

How do we eat an elephant? One bite at a time. We have taken the first bite and we **ASK** that if you are radical enough to believe that one persons efforts can make a difference please call 205-786-4029 and say I want to **HELP**.



Board members at Dedication ceremony.



SPIRIT of LUKE

Charitable Foundation

Sponsors of

A Promise To Help *Black Belt Faith & Medicine Wholeness Initiative*

"A PROMISE TO HELP
A MESSAGE OF HOPE"

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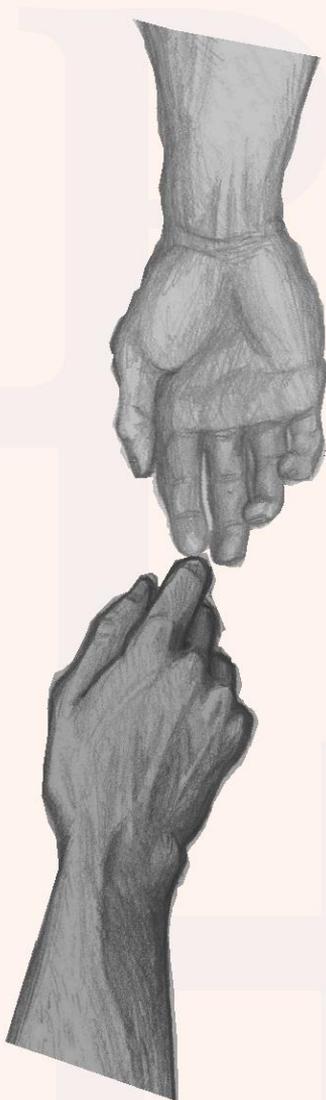
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A PROMISE TO HELP

"BLACK BELT FAITH & MEDICINE WHOLENESS INITIATIVE"

--MISSION

To **Serve**, **Educate**, **Empower** & **Direct**

Serve by volunteering our time, knowledge and expertise

Educate by sharing the importance of preventative healthcare & Temple Maintenance

Empower with technology & life skills systems

Direct those in need to the sources of HELP

[Planting a SEED]

--HISTORY

A Promise To **HELP** (APTH) is a healthcare initiative/mission directed to the Black Belt region. Sponsored by The SPIRIT Of Luke Ministry, A Promise To **HELP** is a volunteer based organization whose goals are to assist in eliminating healthcare disparities in the underserved, underprivileged, and underinsured populations of the Black Belt region.

APTH was conceived in 2003 by Dr. Sandra Ford and her Husband Henry after reading a Birmingham News special report entitled, "The Black Belt Alabama's Third World". Reading the article rekindled the fire that had motivated Dr. Ford to become a physician and the promise she made to help once she finished her training. Growing up and attending school in rural Alabama Dr. Ford experienced first hand the inequities of the healthcare systems in the Black Belt region. Dr. Ford's previous efforts to **HELP** by treating patients in rural health clinics in Selma and Sipsey Alabama did not completely satisfy her desire to **HELP**.

APTH is simply what it says, those of us who share the vision of Dr. Ford to **HELP**, to do what we can do, coming together with one basic goal and that goal is to **HELP**.

APTH is organizing a volunteer work force of Doctors, Nurses, Ministers, healthcare professionals, media specialists, counselors, social workers, business leaders, skilled laborers, community activist and lovers of mankind. APTH goals are to offer the time, knowledge and expertise of this workforce to the communities of the Black Belt region and to partnership with the agencies and organizations that are doing the work in the community now.

We believe that the **HELP** we provide will greatly enhance the effectiveness of the establish entities working in the communities and that people inspiring people with hope, through acts of love and passion is the key to providing **HELP** in the Black Belt Region.

COMMISSION

Greeting Army of God,

Since the founding of A Promise to Help in 2003, we being obedient to God have embarked on missions to the black belt to share the love of Jesus. On August 4, 2012 we will continue our mission work by traveling to Gees Bend for the ninth consecutive year. We pulled out the past updates and read them reminiscing on how faithful God has been and how wonderful of an experience this has been for my family and for all of the hundreds of volunteers who have given their most precious gift, their time, to sow a seed of hope in the lives of so many who feel hopeless. What an epoch this past nine years has been and only God knows what memorable events that are to come. There are a few numbers that stood out in our review; 610 is the number of patients that we examined and treated for medical problems[4135 total], 2100 is the number we have served food to[13505 total], 1395 is the number of bags of clothes we have given out[8875 total], 350 toys at Christmas[2250 total], 485 book bags filled with school supplies[1735 total] and 249 is the number of men, women and children who have given their life to Christ[1872 total], "Give Glory to God". We've had over 4675 volunteers to join us in this mission movement and we don't take that lightly, we appreciate and value every volunteer young and old , black or white, male and female, present and in the spirit. We believe that the past 9 years were seeds that are primed to produce a harvest that is unprecedented in the Kingdom of God and we look forward to continuing to press forward toward the mark that God has set before us. God loves a cheerful giver, we encourage you to continue to give your time and resources to HELP those that are in need and we pray that God will continue to supply all your needs according to his riches and glory. Amen.

We believe that nine years marks the beginning of a new birth and sets the foundation for new hope in the black belt. Jesus ministry on earth only lasted three years but the seeds that he sowed are still producing fruit thousands of years later. He left with us the power to do even greater works, that is his testimony, what will our testimony be. We believe that universal healthcare is in our future. Please pray with us that quality healthcare, education and employment is in the near future for all who desire and need it. On our ninth anniversary mission to Gees Bend we will celebrate our new assignment with the taking of communion at 10:30 AM Saturday morning 08/04/2012 on the grounds of Gees Bend, join with us wherever you are and pray that God's will is and will be done.

APTH will continue to provide monthly, a free Medical Clinic staffed with volunteer physicians, nurses, technicians etc. to the Black belt Counties. Local volunteers will organize and handle the sites, scheduling and transportation needs of the community and APTH will also continue to feed, supply free clothes and share the Love of Jesus.

May God continue to bless you.



Volunteers and residents of the
Gees Bend Community.

OUR COMMITMENT

APTH is a Virtual Corporation, a group of volunteers joining forces to produce a major victory, one of substance and power. We analogize this with a group of small companies joining forces to produce a superior product. Alone we're just a group of mom and pop stores but joined together for a common cause we're a Super Walmart, the driving force in the Industry.

We are creating Synergy, (a combination of causes) synchronized energy (**HELP**) focused on one cause.

Our commitment is to 1) **Ask** for Volunteer **HELP**. 2) Identify the skills and synchronize the efforts of the volunteers. 3) Identify the needs of the people and match the skilled volunteers to the areas of need. 4) **Ask** for the supplies, equipment, facilities and resources that will be needed by the volunteers to facilitate their efforts. 5) Share the vision of God's Love with all that will listen. 6) Protect the vision and 7) **Do what we can Do**.

What we ask of you?

The Spirit of Luke Medical Team Volunteers

- 1) A Three year commitment to do what you can do.
- 2) To volunteer one day a month to man a clinic in the Black Belt region.
- 3) Clinic time will be 8am - 4pm
- 4) Travel time - Depart 6am - Arrive 8am
- 5) Return time - Depart 4pm - Arrive 6pm
- 6) Treat as many patients as possible during clinic hours.
- 7) Accept hospital admission in rotating order with all other volunteer Doctors.
- 8) Minister to the needs of people.
- 9) **HELP** where ever you can.

We are presently forming teams, with each team identifying a specific day during the month that they will be committed to serve for the next three years. Our first team is committed to Wilcox County. Our next team will be committed to one of the other designated Counties in the Black Belt region.



Dr. Ford in front of the office where she made her promise to help.

OUR MODEL

We believe God has given us an embraceable plan, one void of personal agendas. We are part of a global revival sent first on a Home Mission. Our model is taken from Matthew 4:23 "After Jesus was baptized and had gone through his wilderness experience his First Ministry was in Galilee where he went about Teaching, Preaching and Healing."

This vision > mission > movement was given to us as one that is so enormous that we could not for one second think that we could do it in our own strength. This is God inspired and only God will receive the Glory. God uses people who will do what he commands. Our petition for you is, to **do what you can do.**

The following list is a sample of the areas that we believe that APTH will touch.

Teaching

Prayer for Wisdom
The philosophy of Sowing & Reaping
Food preparation & acquisition
Clothe manufacturing & alteration
Lesson on How to Fish (Financial Training)
Discipleship training
Establishing Trade Schools
Kingdom Training
Witty Inventions

Preaching

Prayer of Jabez
A message of **HOPE**
A message of **LOVE**
A message of **HELP**
HELPing one another
HELPing yourself
HELPing your community

Healing

Prayer for the sick
Bring Mobile Clinic to the Black Belt region
Medical Screening
Direct Patient care by Physicians
Free Medicine
Free Diagnostic testing
Free Anointing Oil

Harmonious > Synchronized
Effort +
Love of for the people
Passion & for the cause
Synergy

Harmonious **E**ffort of **L**ove for the people and **P**assion for the cause.



Volunteer Physician
examining one of the
children of the
Blackbelt region.